

FLTCIP 2.0 Abbreviated Underwriting Application

Valid beginning August 1, 2015

- This application is **only** for persons who are **1** in one of the following groups:
- ▶ new or newly eligible employee
 - ▶ spouse of a new or newly eligible employee
 - ▶ newly married spouse of an eligible employee
- 2** and applying **within** 60 days of becoming eligible to apply.

All other eligible individuals **cannot** use this application and must use the FLTCIP 2.0 Full Underwriting Application. Call us at **1-800-LTC-FEDS** (1-800-582-3337) TTY 1-800-843-3557 or visit **www.LTCFEDS.com** for the application.

Each eligible individual wishing to apply for coverage must complete a separate application.

Important information to consider before you apply for coverage under the Federal Long Term Care Insurance Program

People buy long term care insurance for many reasons. Some buy insurance to make sure they can choose the type of care they receive. Others do not want to use their own assets or have their family pay for long term care. But long term care insurance can be expensive and is not right for everyone.

Please read below for important information and questions that may help you decide if you should apply for this coverage. You should also read the FLTCIP 2.0 Outline of Coverage and *A Shopper's Guide to Long-Term Care Insurance*, both of which are found online at **www.LTCFEDS.com** and in the information kit. If you have questions about whether long term care insurance is appropriate for you, please call us at **1-800-LTC-FEDS** (1-800-582-3337) TTY 1-800-843-3557.

1. Can you afford to pay the premiums for the coverage you are considering?

If you plan to pay premiums solely from your own income, a rule of thumb is that you may not be able to afford this coverage if the premium is more than 7% of your income.* Your premium is based on the benefit options you select and your age and the premium rates in effect at the time we receive your application. If you need help calculating your premium or creating a plan that suits your needs, please visit **www.LTCFEDS.com** or call us at **1-800-LTC-FEDS** (1-800-582-3337) TTY 1-800-843-3557.

2. Can you afford future changes to your premiums?

Your premiums may increase if:

- ▶ you increase your coverage, either by accepting increases to your benefits under the future purchase option, or by requesting and being approved for an increase in your benefits; and/or
- ▶ you are among a group of enrollees (for example, those with the same plan design or set of benefits) whose premium is determined to be inadequate.

Note: Premiums are not guaranteed. While the group policy is in effect, the U.S. Office of Personnel Management (OPM) must approve an increase in premium rates.

3. If you are considering the future purchase option, have you looked at whether you can afford increased premiums for future increases to your benefits?

If you do not plan to accept future increases, have you considered how you will pay for any long term care that exceeds the amount your insurance will cover?

4. Do you qualify for Medicaid, or are you likely to qualify in the near future?

Medicaid may be available for persons with low income (for example, less than \$20,000 per individual or \$40,000 per couple) and few assets (for example, less than \$30,000 per individual or \$50,000 per couple, not counting the value of your home). Medicaid covers some long term care services. If you have low income and few assets now, or expect to in the next 10 years, you may want to consider whether long term care insurance is right for you. It is important to remember that Medicaid eligibility requirements vary by state. To learn more about Medicaid, contact your local or state Medicaid agency.

* National Association of Insurance Commissioners. "A Shopper's Guide to Long-Term Care Insurance," 2013.



Spouses who are not eligible employees must also answer questions 8, 9, and 10 in Part B.

1. Yes No Do you currently reside in, or has a health professional advised you to enter, a nursing home or any type of assisted living facility?
2. Yes No Are you currently receiving home health care services or attending adult day care?
3. Yes No Do you currently require or receive human help or supervision with any of these activities?
- ▶ Bathing
 - ▶ Dressing
 - ▶ Eating
 - ▶ Transferring yourself from bed to chair
 - ▶ Toileting (getting to and using the toilet, completing hygiene-related functions after use)
 - ▶ Continence (changing protective undergarment, managing ostomy bag and catheter, completing hygiene-related functions)



If the answer to any of questions 1–3 in Part B is “Yes,” you may reapply if your condition resolves (you are able to answer “No” to questions 1, 2, and 3). You may use the FLTCIP 2.0 Abbreviated Underwriting Application to reapply if your condition resolves within six months after the date you became eligible to apply, and in this instance we will preserve your age as of the date you became eligible to apply. (Indicate by checking below if you are reapplying under this provision.)

- I am reapplying after the end of my 60-day eligibility period (but within six months after the date I became eligible to apply). My answer to question 1, 2, and/or 3 in Part B has changed from “Yes” to “No” because my condition resolved.

If more than six months have passed since your eligibility date, you will need to submit a full underwriting application to reapply.

If the answer to any of questions 1–3 in Part B is “Yes” for a condition that will not resolve within six months after the date you became eligible to apply, you are **not** eligible for any of the insurance options under the Federal Long Term Care Insurance Program (FLTCIP). You are eligible for a non-insurance service package providing access to care coordination and a discounted network of long term care providers and services. If you would like to receive information about this package, make sure that Part A and questions 1–3 are complete and mail this application. Do not complete the rest of this application.

If the answer to each of questions 1–3 in Part B is “No,” please continue with questions 4–7.

4. Yes No Do you currently have, or have you ever been diagnosed with, or ever been treated for, any of the following conditions?
- ▶ Alzheimer’s disease, cognitive impairment, dementia
 - ▶ Amyotrophic lateral sclerosis (ALS or Lou Gehrig’s disease)
 - ▶ Huntington’s chorea
 - ▶ Multiple sclerosis
 - ▶ Muscular dystrophy
 - ▶ Parkinson’s disease
 - ▶ Schizophrenia
 - ▶ Transient ischemic attack (TIA): multiple
 - ▶ Stroke (cerebrovascular accident): multiple
 - ▶ Stroke (cerebrovascular accident): with residual impairment (such as paralysis, weakness, gait disturbance, vision disturbance, mental impairment)
5. Yes No Do you currently use any of the following medical devices, aids, or treatments (for any reason)?
- ▶ Dialysis
 - ▶ Hospital bed
 - ▶ Motorized scooter
 - ▶ Oxygen (excluding CPAP)
 - ▶ Stair lift
 - ▶ Walker
 - ▶ Wheelchair
6. Yes No Do you currently require or receive human help or supervision with any of these activities because of intellectual disability (formerly referred to as mental retardation)?
- ▶ Living independently
 - ▶ Making decisions about your money
 - ▶ Taking medications
 - ▶ Preparing meals
 - ▶ Shopping
 - ▶ Using transportation
 - ▶ Walking

7. Yes No **Have you been diagnosed with any mental or nervous disorder for which you have been hospitalized in the past two years or for which you have had three or more hospitalizations in the past 10 years?**



If the answer to any of questions 4, 6, or 7 in Part B is “Yes,” you are **not** eligible for any of the insurance options under the FLTCIP.

If the answer to any of questions 4–7 in Part B is “Yes,” you are eligible for an alternative insurance plan or a non-insurance service package providing access to care coordination and a discounted network of long term care providers and services. If you would like to receive information about these options, make sure that Part A and questions 1–7 in Part B are complete and mail this application. Do not complete the rest of this application.

If the answer to question 5 in Part B is “Yes,” you are **not** currently eligible for any of the insurance options under this program shown in Part F of this application. You may reapply if your condition resolves (you are able to answer “No” to question 5). You may use the FLTCIP 2.0 Abbreviated Underwriting Application to reapply if your condition resolves within six months after the date you became eligible to apply, and in this instance we will preserve your age as of the date you became eligible to apply. *(Indicate by checking below if you are reapplying under this provision.)*

- I am reapplying after the end of my 60-day eligibility period (but within six months after the date I became eligible) because my answer to question 5 in Part B has changed from “Yes” to “No” because my condition resolved.**

If more than six months have passed since your eligibility date, you will need to submit the FLTCIP 2.0 Full Underwriting Application to reapply.

If the answer to each of questions 4–7 in Part B is “No,” please continue with this application. If you are applying as the spouse of an eligible employee, complete questions 8, 9, and 10 in Part B.

We will review your answers to determine if we can offer coverage. Certain medical conditions, or combinations of conditions, will prevent some people from being approved for coverage.

For spouses only

If you are applying as the spouse of an eligible employee, please answer questions 8, 9, and 10.

8. Yes No **Do you currently require or receive human help or supervision with any of these activities?**

- ▶ Preparing meals
- ▶ Using transportation
- ▶ Walking
- ▶ Taking medications
- ▶ Shopping
- ▶ Making decisions about your money

9. Yes No **Do you use crutches and/or a multi-pronged cane?**

If the answer to questions 8 and/or 9 is “Yes,” please explain below. Attach a separate piece of paper if necessary. A registered nurse may call or visit you to get more information on your answers.

10. Yes No **Are you currently working at a job and receiving payment for that job?**

If yes, please provide the number of hours that you work per week: _____

Complete Part C only if you are applying for the unlimited benefit period. If you are applying for the two-, three-, or five-year benefit period, skip Part C and go to Part D.

Depending on your answers to the questions in Part C, you may receive a call from a registered nurse to conduct a telephone interview or to schedule an in-home interview. We may also request medical information from your health care practitioner(s).

1. Yes No **Do you currently have, or have you ever been diagnosed with, or treated for, any of the following conditions?**

- ▶ AIDS, AIDS-related complex
- ▶ HIV
- ▶ Organ transplant (excluding cornea, bone marrow transplant)
- ▶ Cirrhosis (excluding primary biliary)
- ▶ Kidney failure
- ▶ Paraplegia, quadriplegia
- ▶ Intellectual disability (formerly referred to as mental retardation)



If the answer to question 1 in Part C is “Yes,” we cannot offer you the unlimited benefit period. Please skip to Part D and continue.

If the answer to question 1 in Part C is “No,” please complete questions 2–6. Based on your answers to questions 2–6, we will determine if you are eligible for the unlimited benefit period. If we determine that you are eligible for coverage, but not for the unlimited benefit period, you will receive the five-year benefit period. At that time, you may change your benefit period to the two-year or the three-year option, or call us if you no longer want this insurance.

2. Yes No **Do you currently require or receive human help or supervision with any of these activities?**

- ▶ Preparing meals
- ▶ Using transportation
- ▶ Walking
- ▶ Taking medications
- ▶ Shopping
- ▶ Making decisions about your money

3. Yes No **Do you currently use crutches and/or a multi-pronged cane?**

4. Yes No **Are you currently receiving disability income such as disability retirement annuity payments, VA disability compensation, workers’ compensation, any Federal or state disability payments, or any other type of disability payment?**

ATTENTION: If the answers to any of questions 2–4 in Part C is “Yes,” or if you have additional detail to provide, please explain below.

Name, address, and phone number of treating health professional	Question number	Diagnosis or disorder	Date of onset (mm/yyyy)	Date of last treatment (mm/yyyy)
_____ Name _____ Address _____ _____ Phone				
_____ Name _____ Address _____ _____ Phone				

If you need additional space, you can attach a separate piece of paper, download a form at www.LTCFEDS.com/supplement2, or call the number below.

5. Within the last 10 years, have you had, been diagnosed with, or been treated for any of the following conditions?

- A. Yes No Stroke or cerebrovascular accident, TIA, carotid artery disease
- B. Yes No Peripheral vascular disease
- C. Yes No Coronary artery disease (such as heart attack, angina), heart arrhythmia, cardiomyopathy, congestive heart failure, aneurysm, valvular disease
- D. Yes No Diabetes (excluding gestational diabetes)
- E. Yes No Cancer (excluding basal cell cancer or squamous cell cancer of the skin)
- F. Yes No Chronic kidney disease (such as nephritis), incontinence, prostate disorder
- G. Yes No Liver disorder (such as hepatitis)
- H. Yes No Any psychiatric disorder (such as depression, bipolar disorder)
- I. Yes No Disorder of the brain (such as tremor, seizure disorder, head injury, tumor, infection), neuropathy, syncope, paralysis, any chronic or progressive neurological disorder
- J. Yes No Chronic lung disease (such as COPD, emphysema, sarcoidosis, chronic bronchitis, asbestosis, asthma [excluding seasonal asthma], bronchiectasis, sleep apnea)
- K. Yes No Memory loss
- L. Yes No Rheumatoid arthritis, any other type of arthritis, osteoporosis, back disorder, scoliosis, spinal stenosis, disc disease
- M. Yes No Connective tissue disorder (such as scleroderma, systemic lupus, CREST syndrome)
- N. Yes No Muscle disorder (such as fibromyalgia, polymyalgia rheumatica, chronic fatigue syndrome)

ATTENTION: If the answer to any portion of question 5 in Part C is “Yes,” or if you have additional detail to provide, please explain below.

Name, address, and phone number of treating health professional	Question number	Diagnosis or disorder	Date of onset (mm/yyyy)	Date of last treatment (mm/yyyy)
_____ Name _____ Address _____ _____ Phone				
_____ Name _____ Address _____ _____ Phone				
_____ Name _____ Address _____ _____ Phone				

If you need additional space, you can attach a separate piece of paper, download a form at www.LTCFEDS.com/supplement2, or call the number noted below.

Part C

Unlimited benefit period medical questions (continued)

6. Yes No **Have you taken any prescription medications over the past six months?**
If yes, please complete the chart below.

Name, address, and phone number of treating health professional	Name of medication Check box if taking currently	Dosage (such as 10 mg)	Frequency (such as 2 x a day)	Reason prescribed
_____ Name _____ Address _____ Phone	<input type="checkbox"/>			
_____ Name _____ Address _____ Phone	<input type="checkbox"/>			
_____ Name _____ Address _____ Phone	<input type="checkbox"/>			
_____ Name _____ Address _____ Phone	<input type="checkbox"/>			
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_____ Name _____ Address _____ Phone	<input type="checkbox"/>			
_____ Name _____ Address _____ Phone	<input type="checkbox"/>			
_____ Name _____ Address _____ Phone	<input type="checkbox"/>			
_____ Name _____ Address _____ Phone	<input type="checkbox"/>			
_____ Name _____ Address _____ Phone	<input type="checkbox"/>			

If you need additional space, you can attach a separate piece of paper, download a form at www.LTCFEDS.com/supplement2, or call the number noted below.

Part H

Billing options (choose one)

If you are approved for coverage and you do not choose a billing option or fill out this part completely, you will be billed directly. For assistance with completing this page, please call us at **1-800-LTC-FEDS** (1-800-582-3337) TTY 1-800-843-3557.

Direct bill

Please send me a direct bill monthly to the address I provided in Part A of this application.

or

Payroll or annuity/ pension deduction

Due to timing issues, please be aware that there is usually a short delay before your payroll or annuity/pension deductions begin. You may receive a direct bill for any outstanding premiums resulting from a delay. Visit our website at www.LTCFEDS.com/payroll to find a payroll or annuity office identifier.

My pay or annuity/pension

I authorize Long Term Care Partners to deduct premiums from my pay or annuity/pension. I have provided my Social Security number in Part A of this application.

Choose one

(Insert A, F, or I below and fill in the remaining seven or eight characters)

CSRS/FERS annuity deductions CS

All payroll or other annuity/pension deductions

Office identifier

or

Someone else's pay or annuity/pension

If you are requesting that deductions be taken from someone else's pay or annuity/pension, that employee or annuitant must complete this section and sign the authorization below.

Choose one

(Insert A, F, or I below and fill in the remaining seven or eight characters)

CSRS/FERS annuity deductions CS

All payroll or other annuity/pension deductions

Office identifier

Mr. Mrs. Ms.

Payor's first name M.I. Last name

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Payor's Social Security number

I authorize Long Term Care Partners to deduct from my pay or annuity/pension that amount necessary to pay the premiums for the FLTCIP coverage for this applicant.

Payor's signature X _____ (Required)

Date signed ____/____/____
(Required: mm/dd/yy)

or

Automatic bank withdrawal

I authorize Long Term Care Partners to initiate automatic bank withdrawals from the account number provided on my voided check or savings deposit slip. Withdrawals will begin the month after I am approved and will continue on the third business day of every month. I understand that any past due premium will be collected by withdrawing up to two months of premium from my account until current.

Depositor's signature X _____ (Required)

Date signed ____/____/____
(Required: mm/dd/yy)

Choose one:

Checking: You must attach a **voided check** (do not attach a checking deposit slip). We do not accept money market accounts.

Savings: You must attach a **voided savings deposit slip** that lists a nine-digit routing number.

Caution: If you are approved for coverage, but you should not have been because one or more of your answers or explanations are incorrect or untrue, or fails to include all material information requested, we may have the right to deny benefits or void your insurance. This is true even if you did not knowingly misrepresent the facts as shown in your medical records. We may also void your insurance at any time if we find that at the time of application, you misrepresented your status as a member of an eligible group.

Note: Your signature below also confirms the elections you made in Part F: Plan Options, Part H: Billing Options, and Part I: Protection Against Unintended Lapse.

- ▶ If you rejected an automatic compound inflation option in Part F by choosing the future purchase option, you are confirming that you reviewed the descriptions and graphs of the inflation protection options in the FLTCIP 2.0 Outline of Coverage. You also understand that if you elect an automatic compound inflation option, you may switch to the future purchase option at any time. And if you elect the future purchase option, you may request to change from the future purchase option to the automatic compound inflation option, and should you make such a request:
 - ▶ you will be required to provide, at your expense, evidence of your good health that is satisfactory to us; and
 - ▶ the effective date of all future automatic compound benefit increases will be the anniversary of the first day of the month that next follows the date of our approval of your request.
- ▶ If you elected automatic bank withdrawal in Part H, you are authorizing your bank to charge your account for such withdrawals, payable to Long Term Care Partners. This authorization will remain in effect until you, your bank, or Long Term Care Partners terminates it by a 30-day written notice to the others. You will not receive any bills or other notices of the withdrawals from Long Term Care Partners. You agree that if the automatic bank withdrawal is not honored by your bank, for whatever reason, Long Term Care Partners will have no liability for the payments.
- ▶ If you elected payroll or annuity/pension deduction from your own pay or annuity/pension in Part H, you are authorizing Long Term Care Partners to deduct from your pay or annuity/pension the amount necessary to pay the premiums for the FLTCIP coverage issued to you. If you elect payroll deduction, then we reserve the right to deduct from your annuity/pension or direct bill you the amount necessary to pay the premiums on your retirement. You can cancel your payroll or annuity/pension deduction by contacting Long Term Care Partners to choose a different billing option.
- ▶ If you did not name someone in Part I to receive a notice if your coverage is about to lapse, you are confirming that you understand that such notices do not obligate such person in any way and are not sent until 45 days after your premium was due but unpaid. You also understand that you may identify a person (and/or name a different person) to receive notice of pending lapse at any time in the future.



Please check the box and sign below.

The company's right to increase premiums: Premiums are not guaranteed. I understand that my premium will not change because I get older or my health changes or for any other reason related solely to me. Premiums may only increase if I am among a group of enrollees whose premium is determined to be inadequate. I understand that while the group policy is in effect, OPM must approve the change.

Note: You must check the above box to confirm that you have read and understand the paragraph above titled, "The company's right to increase premiums." **We cannot process your application if you do not check the box.**

Mail to: Long Term Care Partners, P.O. Box 797, Greenland, NH 03840-0797

or

Fax to: 1-866-921-4510

Applicant's signature X _____ Date signed _____ / _____ / _____
(Required) (Required: mm/dd/yy)

Note: We may request medical records from your primary care physician or health care practitioner. We will advise you by letter if this request is necessary. If we have any questions regarding the answers on your application, an associate with Long Term Care Partners or one of our affiliated entities may reach out to you for additional information either in writing or by phone.

Some of our affiliated entities may request that you provide them with a separate authorization for physician information in addition to the one in this application.

If any of our associates or affiliated entities need to reach out to you regarding any aspect of your application, they will identify themselves as contacting you on behalf of Long Term Care Partners.

For assistance, visit www.LTCFEDS.com/apply or call 1-800-LTC-FEDS (1-800-582-3337) TTY 1-800-843-3557.